



**milestone
press**
p.o. box 158
almond, nc 28702
(828) 488-6601
milestonepress.com

CONTACT: Mary Ellen Hammond
828-488-6601/maryellenhammond@milestonepress.com

Facts about Jonah McDonald's

Hiking Atlanta's Hidden Forests: Intown and Out

- Includes 60 hikes at more than 45 hiking destinations, all within 30 miles of downtown
- Of the 60 hikes in the book, 27 appear for the first time in any guide
- Of the 60 hikes, 20 are within the perimeter and many are just outside I-285
- Route lengths range from less than a mile to 12 miles
- All hike descriptions list public transportation access information
- Lists descriptions and GPS coordinates for more than 150 sentinel trees, including city and state champion trees
- Hikes from *Hiking Atlanta's Hidden Forests* are included in Milestone Press's new mobile hiking app, *Great Hikes of the Southern Appalachians*.

45 Metro Atlanta Hiking Destinations

- Atlanta Memorial Park
- Autrey Mill Nature Preserve & Heritage Center
- Big Trees Forest Preserve
- Blue Heron Nature Preserve
- Boundary Waters Park
- Cascade Springs Nature Preserve
- Clinton Nature Preserve
- Chattahoochee River NRA (10 hikes)
- Cochran Mill Park
- Cochran Mill Nature Center
- Constitution Lakes Park
- Clyde Shepherd Nature Preserve
- Davidson-Arabia Mountain Nature Preserve (5 hikes)
- Dunwoody Nature Center
- Elwyn John Wildlife Sanctuary
- Frazer Forest & Deep Dene Park
- Glenlake Park & Decatur Cemetery
- Hahn Woods & Lullwater Park
- Henderson Park
- Herbert Taylor Park
- Heritage Park
- Kennesaw Mountain Battlefield Park (3 hikes)
- Line Creek Nature Area
- Leita Thompson Memorial Park
- McDaniel Farm Park
- Melvin L. Newman Wetlands Center
- Mercer University Nature Trail
- Morningside Nature Preserve
- Murphey Candler Park
- Olde Rope Mill Park
- Outdoor Activity Center
- Panola Mountain State Park
- Piedmont Park
- Reynolds Nature Preserve
- Simpsonwood Conference & Retreat Center
- South Peachtree Creek Trail
- Stone Mountain Park (3 hikes)
- Sweetwater Creek State Park (2 hikes)
- The Beltline (2 hikes)
- W.D. Thompson Park
- Yellow River Park (2 hikes)